

DABS-I STUDY

INDIVIDUAL ANTHROPOMETRIC, BLOOD PRESSURE MEASUREMENTS, CLINICAL EXAMINATION AND ACUTE MORBIDITY

UID ID: _____ Name of the participant: _____ Age of the Participant: _____
 Date of Interview: _____ Interviewer Code: _____

Individual Anthropometric Measurements				
Sl. No	Measurement	First Reading	Second Reading	Third Reading
1	Weight (in kg)			
2	Height (in cm)			
3	Mid Upper Arm Circumference (MUAC) (in cm)			
4	Triceps skin fold thickness (TSFT) (in mm)			
5	Biceps Skin Fold Thickness (TSFT) (in mm)			
6	Sub-Scapular Skin Fold Thickness (SSFT) (in mm)			
7	Supra Iliac Skin Fold Thickness (SIFT) (in mm)			
8	Waist Circumference (in cm)			
9	Hip Circumference (in cm)			
Blood pressure Measurement (Adolescents and Adults)				
10	Systolic Blood pressure (mm Hg)			
11	Diastolic Blood Pressure (mm Hg)			
Clinical Examination for Nutrition Deficiency (Signs/Symptoms) (Drop down list is available Below) Major Three to be recorded				
12	Nutritional Deficiency Sign/Symptom	1.	2.	3.
MORBIDITY (Drop down list is available Below) Major Three to be recorded				
12	Current Morbidities	1.	2.	3.

Clinical Examination for Nutrition Deficiency

Clinical Signs and Symptoms of Nutritional Deficiency

- 1.0. NAD
- 1.1. Hair: sparse
- 1.2. Hair: discolored
- 1.3. Hair: easily pluckable
- 1.4. Moon face
- 1.5. Pedal pitting Oedema
- 1.6. Emaciation
- 1.7. Marasmus
- 1.8. Night Blindness (XN)
- 1.9. Conjunctival xerosis (X1A)
- 1.10. Bitot's spots (X1B)
- 1.11. Corneal xerosis (X2)
- 1.12. Keratomalacia (X3)
- 1.13. Corneal Scar (XS)
- 1.14. Angular stomatitis
- 1.15. Cheilosis
- 1.16. Glossitis
- 1.17. Phrynoderma
- 1.18. Koilonychia
- 1.19. Gums -spongy bleeding
- 1.20. Knock Knees or Bow legs
- 1.21. Dental caries
- 1.22. Dental Fluorosis
- 1.23. Thyroid gland palpable (Gr-I)
- 1.24. Thyroid gland visible (Gr-II)
- 1.25. Pellagra
- 1.26. Rickets Rosary
- 1.27. Pallor
- 1.28. Others (Specify)

Current Morbidities

2. History of Morbidity during the previous fortnight

- 2.0. Nil
- 2.1. Fever
- 2.2. Diarrhea
- 2.3. Dysentery
- 2.4. Acute Respiratory Infection
- 2.5. Measles
- 2.6. Others (Specify)