



Republic Day Celebrations

26th
January
2026

ICMR-NIN celebrated the 77th Republic Day at the Institute with great enthusiasm. Following the ceremonial parade, Dr. Bharati Kulkarni, Director, ICMR-NIN unfurled the National Flag (Tiranga) and addressed the staff.

On the occasion, she also presented certificates to the PhD awardees Ms. Kiruthika S (Guide: Dr. Bharati Kulkarni), Mr. Varma Saikanth (Dr. Sanjay Basak), Mr. S. Udaykanth (Dr G. Bhanuprakash Reddy) and Ms. Pallabika Gogoi (Guide: Dr. Paras Sharma & Co-guide: Dr. R. Ananthan) and conferred the Best Research Scholar Award to Ms. Anwasha Mahajan (Guide: Dr. Paras Sharma). The event was attended by scientists, technical staff, and PhD students.



MoU SIGNED WITH UNIVERSITY OF HYDERABAD

ICMR-NIN has signed a Memorandum of Understanding (MoU) with the University of Hyderabad to strengthen collaboration in Public Health and Nutrition. Over the next five years, the partnership will focus on joint research and academic programmes, faculty exchange, student internships, and public health translational activities (29th January).



LANCET SERIES ON ULTRA-PROCESSED FOODS & HUMAN HEALTH

ICMR-NIN co-organised the India launch of The Lancet Series on Ultra-Processed Foods and Human Health in New Delhi. The Institute appreciated the Hon'ble Members of Parliament, Mr. Naveen Jindal and Ms. Swati Maliwal, for gracing the programme and reiterating their commitment towards addressing obesity and diet-related non-communicable diseases (NCDs) in India.

The discussions underscored the importance of evidence-driven policymaking, healthier food systems, and sustained multi-stakeholder collaboration. Dr. Subbarao M. Gavaravarapu, Scientist-G & HoD, NICHE Division, NIN shared key insights on the current NCD scenario, dietary guidelines, rising UPF consumption, the UNICEF toolkit for effective regulations, and emerging consumer and policy challenges. Shri Rajit Punhani, CEO, Food Safety and Standards Authority of India (FSSAI), also reaffirmed the continuation of policy dialogue with the academic and public health community (22nd January).



SPECIAL GUEST LECTURE

A special guest lecture was delivered at NIN by Prof. Asim K. Duttaroy, Faculty of Medicine, University of Oslo (Universitetet i Oslo (UiO) on 'Functional Food Development: Translating Mechanistic Research into Clinical Trials' (12th January).



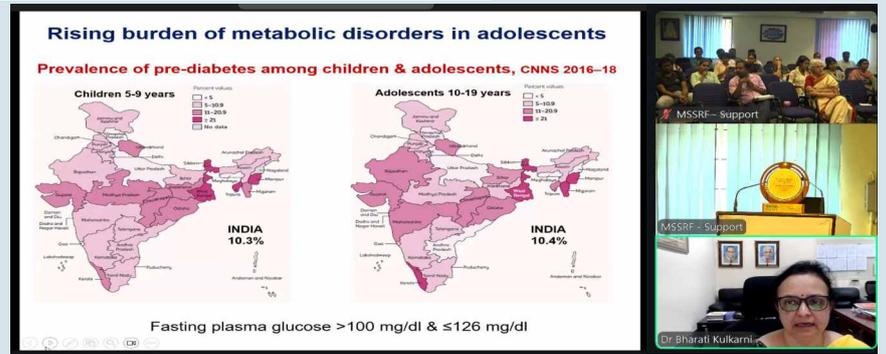


ICMR Radio Season-2: Dr. Bharati Kulkarni, Director, ICMR-NIN, explained the Anaemia Mukt Bharat strategy-what it entails, why it is important, and how it is transforming India's public health landscape (7th January).



THIRD GOPALAN MEMORIAL ORATION

Heartiest congratulations to Dr. Bharati Kulkarni, Director, ICMR-NIN on being invited by M S Swaminathan Research Foundation to deliver the prestigious 3rd C Gopalan Memorial Oration lecture on 'Improving Diet Diversity to address the Triple Burden of Malnutrition in India' (6th January).



RECOGNITIONS/PARTICIPATION IN MEETINGS/PROGRAMMES

Dr. BHARATI KULKARNI, Director

- Chaired the monthly meeting to discuss Intramural and Ignition Grant Projects funded by ICMR with NIN Scientists (1st January).
- Participated in the meeting to discuss Brainstorming Session to Revamp the Model Rural Health Research Units (MRHRUs) Scheme of DHR organized by DHR (6th January).
- Participated in the fifth meeting of the Technical Advisory Committee (TAC) for WAVE-2 of the Longitudinal Ageing Study in India (LASI) organized by Statistics Division, Ministry of Health and Family Welfare (7th January).
- Participated as a Guest of Honour for Sadhana Awards India 2026 on the occasion of National Dietetics Day at ICMR-NIN (10th January).
- Participated as Guest of Honour for 40th Installation Ceremony of Indian Academy of Paediatrics Twin Cities Branch, Hyderabad at Hotel Golconda, Masab Tank (11th January).
- Participated in the meeting to discuss the Innovation Excellence Indicators (IEI) and strategies to improve the reporting systems under the chairmanship of DG-ICMR and Secretary, DHR at ICMR, HQ, New Delhi (13th January).
- Participated in high level delegation to FAO Headquarters in Rome for a comprehensive orientation programme-cum-workshop on issues related to the data & methodologies used in SOFI nominated by Secretary DHR & DG, ICMR at Rome, Italy (19th-23rd January).
- Participated in the meeting to discuss strategies to improve involvement of ICMR Scientists in the functioning of MRHRU's under the Chairmanship of Director General, ICMR & Secretary, DHR (29th January).
- Participated as Plenary Speaker for the first Annual Research Conference of Gandhi Medical College Alumni Education Society at Gandhi Medical College Auditorium (30th January).

Dr. SUBBARAO M GAVARAVARAPU

- Congratulations to Dr. SubbaRao M Gavaravarapu, Scientist G & HoD, NICHE division on being conferred the 'Honorary Fellow Award,' by the Academy of Science, Technology & Communication (9th January).



Dr. INDRAPAL I. MESHAM

- Invited to speak for the First Annual Conference of "Association of Indian Cardiologists for Academics and Research (AICAR)" held at Kolkata and presented Cardiometabolic risk factors among rural, urban and urban slum, adult population in eight states of India", and Chaired scientific session on 'Nitty gritty of research' (10th - 11th January).



Dr. SHOBI VELERI & Dr. S. SREENIVASA REDDY

- Attended a three-day workshop on "ICMR-Vaigyanik training programme," at the Indian Patent Office (IPO), a joint initiative of IPO and ICMR, at New Delhi (28th–30th January).



Dr. R. NAVEEN KUMAR

- Delivered a lecture on "Issues and Challenges of Food Safety in India", via the Zoom platform, as a Resource Person for the Online Refresher Course in Biological Sciences conducted by the University Grants Commission-Malaviya Mission Teacher Training Centre, Karnataka University (20th January).

STAFF NEWS

Retirement

We bid farewell to

Mr. K. SREERAMA KRISHNA

Technical Officer-A

on the eve of his retirement on attaining superannuation.



PAPER PUBLISHED/ACCEPTED FOR PUBLICATION

Emma Gomez de Gracia, Barbara Häsler, Srinu Rotta, Archana Konapur, Thanammal Ravichandran, Paula Dominguez-Salas, Mathew Hennessey, Delia Randolph, Little Flower Augustine, Naveen Kumar Ramachandrappa, Claire Heffernan, Santosh Kumar Banjara, Bharati Kulkarni. Hyderabad's egg value chain: investigating potential influences on childhood stunting. Food Security. 2026. <https://doi.org/10.1007/s12571-025-01633-6>

A few English words and their Hindi equivalents

Breach of agreement	करार भंग	Breach of confidence	विश्वास भंग
Breach of contract	संविदा भंग	Breach of discipline	अनुशासन भंग
Breach of law	विधि भंग	Breach of peace	शांति भंग
Breach of privilege	विशेषाधिकार भंग	Breach of promise	वचन भंग
Breach of Rule	नियम भंग	Breach of trust	विश्वास भंग

- सफाई अपनाएं - बीमारी हटाएं
- सभी रोगों की एक दवाई - घर घर में रखो सफाई
- Clean India Beautiful India
- Cleanliness should not be foreseen for it brings hygiene

यथा का निवारण के लिए अभ्यावेदन की भाषाएं:

Languages to be used in the representation for redressal of grievance:

अनुच्छेद 350: किसी शिकायत के निवारण के लिए संघ या राज्य के किसी पदाधिकारी को, यथास्थिति, संघ में या राज्य में प्रयोग होने वाली किसी भाषा में अभ्यावेदन देने का, प्रत्येक व्यक्ति को हक होगा.

Article 350: Every person shall be entitled to submit a representation for the redressal of any grievance to any officer or authority of the Union or a State in any of the languages used in the Union or in the State, as the case may be.